

Clinical Psychology

Volume 5, 2009

ABSTRACT

Treatment of Smokers with Co-Occurring Disorders: Emphasis on Integration in Mental Health and Addiction Treatment Settings

Annual Review of Clinical Psychology

Vol. 5: 409-431 (Volume publication date April 2009)

DOI: 10.1146/annurev.clinpsy.032408.153614

Sharon M. Hall and Judith J. Prochaska

Psychiatry Department, University of California, San Francisco, California 94143; email:
shall@lppi.ucsf.edu, jprochaska@lppi.ucsf.edu

This article reviews the research on the treatment of cigarette smoking in individuals who have comorbid mental illnesses or non-nicotinic addictions. The prevalence of smoking in mentally ill and substance-abusing populations is presented, as well as reasons for this high prevalence. The historical role of cigarettes and tobacco in mental illness and addiction is reviewed to help the reader better understand the pervasiveness of smoking in these disorders and the relative absence of intervention efforts in mental health and addiction treatment settings. The article then discusses the several reasons for integrating smoking treatment into mental health and addiction settings. The outcome research for adult and adolescent comorbid smokers is reviewed, and barriers to treatment are discussed. The review closes with a brief discussion of models of integration and thoughts about prevention.